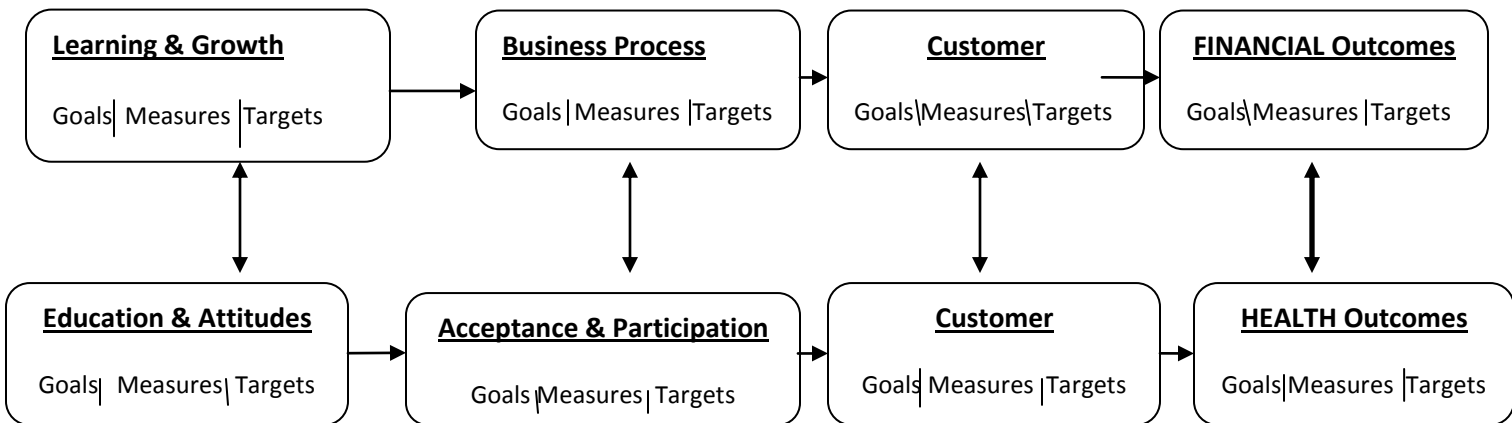


*Our Corporate Health Initiative (CHI) plan is designed to align employee health services with your corporate vision, mission and strategic direction to **maximize your return on investment.***

Recent systematic reviews and economic analysis reported an annual savings of **\$3.20 for every dollar invested** in corporate wellness. Other benefits of a corporate wellness program include reduced absenteeism and improved employee attitudes toward work. (Task Force on Community Preventative Services, AJPH, 2011) Studies have shown that ROI is significantly higher when wellness programs are aligned with the organizational strategic plan.

**SPINEgroup will link your organization’s Balance Scorecard to your organization’s NEW Wellness Scorecard to increase your return on investment.**



## CHI Program Components:

### Phase One:

- Evaluation of Organizational Scorecard and alignment with Wellness Scorecard
- Corporate Health Initiative Plan (Report)
- (Based on health risk analysis and needs assessment)
- Performance Management Framework (Report)

### Phase Two:

- Program Evaluation (yearly report on outcomes)
- Educational Lunch and Learns (6), Onsite Health screening (2)
- Preferred rates for Health Services and Rehab Programs (onsite and offsite)

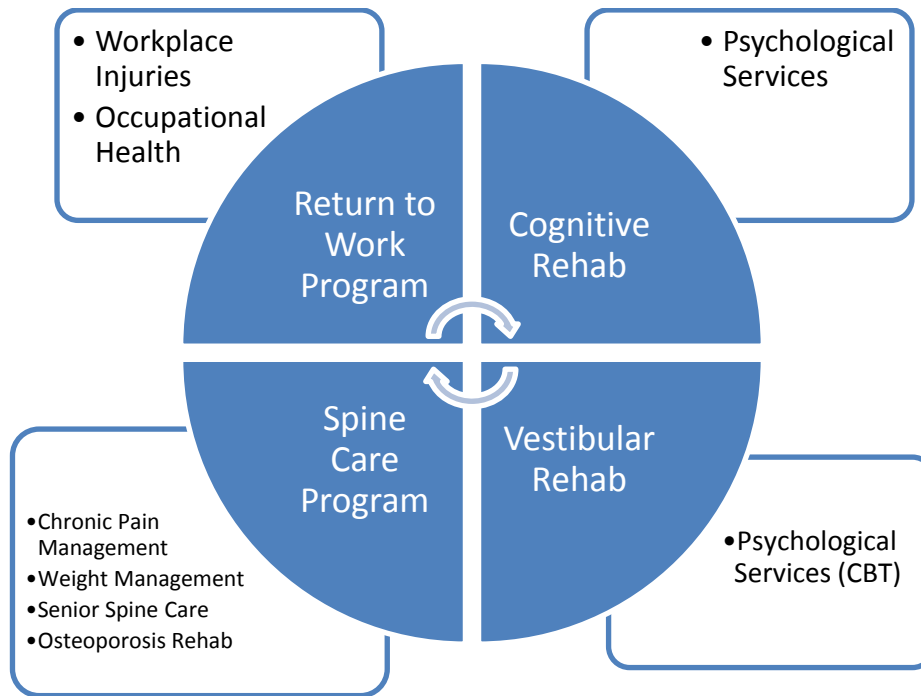
### Fees

1. Consulting cost: approx. 40 hours based on hourly rate of 140 dollars (\$5,600) (one time cost)
2. No cost

## Corporate Health Services

Occupational Health	Rehabilitation (onsite & offsite)	Wellness & Preventative Services	Counselling and Life Coaching	Health Promotion & Education	Health Screening
---------------------	-----------------------------------	----------------------------------	-------------------------------	------------------------------	------------------

## SPINEgroup Rehabilitation Program Matrix



**Dr. Connie D’Astolfo, DC, PhD (c)**, president and director, brings a wealth of expertise to SPINEgroup from the fields of rehabilitation, health services research, performance management and program evaluation. Dr. D’Astolfo has previously held many consulting positions for the MOHLTC.

### 2012 Projects

- Health Indicator Development Project
- Ministry of Health Targets Tool Kit

### Past Projects for MOHLTC:

- LTC sector survey development, rollout and evaluation
- Wound care Strategy Development – strategy to encourage and direct cost effective management of wounds, risk assessment and prevention
- Hospital Avoidance Strategy
- Depression Strategy

Additional information on our rehabilitation programs can be viewed on our website at [www.spinegroup.ca](http://www.spinegroup.ca)  
 An up to date CV for Dr. D’Astolfo can be viewed at <http://spinegroup.ca/wp-content/uploads/2011/06/Dr.-Connie-DAstolfo-DC-June-20112.pdf> . We can be reached at 905-850-7746 or via email at [drdastolfo@spinegroup.ca](mailto:drdastolfo@spinegroup.ca)

**~Voted 2012 Top Rehab Clinic in Vaughan - Top Choice Award~**