

SPINEgroup ® Virtual Care Services

Receive Care from the Comfort of your Home

In an effort to increase patient safety by reducing the number of un-necessary in-person patient visits, we have introduced our Virtual Care Services. You can now connect one-on-one with your doctor or therapist with our secure and private video conference technology or through tele-conference. SPINEgroup® clinicians can perform an assessment, evaluation, medication review, counselling and/or review your current rehabilitation progress, which may include giving you advice on pain and pain management, key exercises to help you improve your condition and more. It's easy-to-use, and no software installation is required. Virtual care services are covered by extended health insurance and OHIP.

Benefits of Virtual Care

- Removes accessibility and/or mobility barriers
- Connects you with clinicians regardless of location
- Protects your privacy through safeguards and robust policies
- Reduces travel time while still ensuring you receive quality care
- Increases patient safety

How Virtual Care Works

Just prior to your appointment, you will receive via email, a link to an appointment session through a video conference platform that facilitates real-time transmission of visual information between you and your clinician. SPINEgroup clinicians will take a thorough history, assess your general mobility, and perform orthopaedic and functional tests to arrive at a diagnosis for your condition. Your clinician will also share exercises, self-management instruction through videos to guide you through your exercises while on the video conference. Your clinician will discuss your treatment plan which may or may not include in person care.

Any documentation that you need to review and complete prior to your appointment will be sent to you ahead of time including intake forms, consent and outcome measures. These forms can be accessed, completed and sent back through your **secure patient portal** or simply through email.